



## 2017 Candidate for the Office of Member-at-Large

### **Tan Leng Goh**

Central Connecticut State University  
Physical Education and Human Performance

Tan Leng Goh is currently an Assistant Professor at Central Connecticut State University, Department Physical Education and Human Performance. She has been a member of SHAPE America since 2010. She also holds memberships with the Connecticut Association for Health, Physical Education, Recreation and Dance and National Association for Kinesiology in Higher Education (NAKHE). She taught physical education in K-12 schools for six years in the United States and Singapore where she grew up. Following the attainment of her Master's Degree from the California State University, Long Beach, she received her doctoral degree in Sport Pedagogy at the University of Utah. She has taught full time in higher education, focusing in the field of Physical Education Teacher Education for three years. She also works collaboratively with the cooperating teachers, supervising teacher candidates who are doing their student teaching internships in the K-12 schools. Her research focuses on the effects of Comprehensive School Physical Activity Program (CSPAP) on children's physical activity levels, on-task behavior and teachers' perspectives on implementing CSPAP. She has presented extensively in regional and national conferences, and has published 10 peer-reviewed publications. In 2013, she was awarded the Ruth Abernathy Presidential Scholarship award by SHAPE America (formerly AAHPERD). For recreation, she likes to hike and rock climb at cliffs around the New England.

### **What leadership qualities will you bring to the Eastern District Leadership Council?**

I have served in several positions in the SHAPE America organization and the Eastern District SHAPE conference. Currently, I am the research coordinator for the 2018 Eastern District Conference where I coordinated the review of abstracts submitted for research presentations with my research committee. Previously, I have been on the Planning Committee for the 2015 SHAPE America Undergraduate Student Forum at the National Convention, and I was also a student services committee member for SHAPE America from 2012-2014. I believe my commitment to my responsibilities and good communication skills are key qualities to leadership. Furthermore, I have good time management skills and are respectful of everyone's opinion. I believe the position of being a member-at-large for the Eastern District Leadership Council will enhance my overall experience as a leader and will provide continuous opportunities to hone my leadership skills.